# **TOOLS4TAKEOFF**

## Milestone: Senior Summit

Whether your son or daughter is headed off to college, the military, or the workforce, you can be intentional about launching them into a God -honoring life.

RECOMMENDED FOCUS: AGES 17+ (Seniors in High School)

#### **FAMILY WORKSHOPS & MILESTONES:**

#### Promoting discipleship at home

Proverbs 22:6 "Train up a child in the way they should go, and when they are old, they will not depart from it."

WHO: Parents of High School Seniors

WHY: Most parents go to great lengths preparing their children for college or the workforce

following high school, but many don't know how to be intentional about preparing them

for living out their faith in a new and sometimes challenging envrironment.

WHAT: This family workshop provides tips for talking to your HS Senior about their faith and

their future, while emphasizing making the most of this short time with your senior. The Milestone, the Senior Summit, is a special meal and worship service celebrated

at the end of their senior year.

**HOW:** Attend the Tools4Takeoff Family Workshop, email <u>Tina</u> to sign up for the weekly

emails for encouragement or click on the button above for tips, workbook, resources,

and plan to be intentional this year.

# FAMILY WORKSHOPS: Promoting discipleship at home

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You need to practice anything that you want to improve. Our goal is to provide you with a variety of tools for your tool bag, so you can choose what works for your child and family.

Can't make it to one of our in-person workshops?

Try some of these tips at home and make your own plan for a 2 degree change!

Proverbs 22:6 "Train up a child in the way they should go, and when they are old, they will not depart from it."

Here are some tips for being intentional with your senior in High School this year:

**Recognize the emotions:** You <u>and</u> your senior are full of emotions, anxiety, stress, pride, eagerness, and yes excitement! Remember the process of leaving isn't automatic and will sometimes feel like 1 step forward and two steps backwards.

**Make the most:** Leaving is a natural part of growing up, make the most of the remaining time, your child has at home creating memories, having important conversations, and enjoying each others company.

**Make time**: Plan time each week (or as often as possible) with your senior, make a date, start a new hobby you both enjoy, take a walk, be creative.

**Make it count**: Talk with your senior about more than just the daily/weekly plan. Need ideas? Download our <u>Tools4Takeoff</u> workbook.

**Have fun**: Find things you enjoy doing together. Savor and enjoy these moments.

### **RESOURCES**

18 Plus: Parenting your emerging adult by Powell & Argue Don't Miss It by Kristen Ivy & Reggie Joiner
How to stay Christian in college by J. Budziszewski
Letting them Go by Dave Veerman
Parenting your 12th grader by Kristen Ivy & Reggie Joiner
Sticky Faith by Kara Powell & Chap Clark
Thriving at college by Alex Chediak

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MAKE A PLAN TO BE INTENTIONAL THIS NEXT YEAR WITH YOUR CHILD:
This year I will
□ Pray daily for and with my child.
□ Consistently spend time in God's Word.
□ Bless my child daily.
□ Pepper in faith talks.
□ Create a habit of worship with my child.
□ Serve together as a family.
$\hfill \square$ Schedule regular times to connect with my child to prepare for the transitions ahead.

Remember just two degrees of difference can change your faith journey (and that of your child's) dramatically,
"by making small changes in your life, not only can you accomplish...
transformation, but you can also sustain it as well."
Dr. John Trent, The 2 Degree difference